**NPLEX PREPARATORY COURSE = Part 1**

**December 2016 – January 2017**

**TIME:** Mondays 12:30 – 2pm, some Saturdays 10-1 pm

**LOCATION:** TBD

**OFFERED BY:** Dr. Karyn Lumsden, BSc. DC.

Email: drkarynlumsen@gmail.com

Office: MERP Room (main floor of CCNM)

**COURSE DESCRIPTION:**

This course is designed to assist students at CCNM in preparing to write step 1 of the NPLEX licensing exam. Each session is designed to provide students with study support, while focusing on reviewing high yield concepts for body systems that incorporate topics from Anatomy, Physiology, Biochemistry, Pathology and Immunology. In addition, students will be given opportunity to practice for NPLEX with weekly practice exams and discussion sessions.

Students will strengthen their knowledge of foundational science concepts and improve their question analysis in preparation for the NPLEX EXAMINATION. As a result, the knowledge and insights gained in this course promote the use of clinical thinking for future NPLEX exams.

**SCHEDULE:**

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| **SESSION #** | **DATE** | **TOPIC** |
| 1 | **Wednesday,**December 7th 1:00 – 2:00 pm Classroom 1 | Exam information Study planning, Concept Mapping Practice Exam  |
| 2 | **Monday**December 12th 12:15 – 2:00 pm Classroom 2 | Case analysis Strategies **Hematopoietic System** (Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) Practice Exam  |
| **WINTER HOLIDAY BREAK = Available via email or Skype for Study help** |
| 3 | **Saturday** January 7th 10:00 – 1:00 PM Classroom 1 | **Cardiovascular System** (Review of high yield concepts for Anat, Physio, Patho, Biochem) Cardio Review Questions **GI System** (Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) GI Review Questions\*\*PRACTICE EXAM  |
| 4 | **Monday** January 9th 12:15 – 1:00Classroom 2  | **MSK System** Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) MSK Review Questions |
| 5 | **Saturday** January 14th 10:00 – 1:00 PM Classroom 1 | **Neurological System** (Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) Neuro Cardio Review Questions**Pulmonary System** (Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) Pulmonary Review Questions\*\*Practice exam  |
| 6 | **Monday** January 16th 12:15 – 2pm Classroom 2 | **Endocrine and Reproductive Systems** (Review of high yield concepts for Anat, Physio, Patho, Bioche, Immuno) Review Questions |
| 7 | **Monday** January 23rd 12:15 – 2pm Classroom 2 | **Urinary System** (Review of high yield concepts for Anat, Physio, Patho, Biochem, Immuno) Review Questions |
| 8 | **Monday** January 30th 12:15 – 2pmClassroom 2 | Practice Exam Time management and exam prep strategies  |

**EXAM DATE = February 2nd 2017**